

# SCENIC CREATION

## DESCRIPTION

This training focuses on the process of stage creation based on Jacques Lecoq's pedagogical approach, which is rooted in movement, improvisation, and the exploration of dramatic space. Participants will work with clear and dynamic prompts, developing both individual and collective stage performances. The main objective is to foster the performers' creative capacity, exploring physical and expressive tools that allow them to shape original and meaningful scenes, with their own theatrical language.

## METHODOLOGY

The methodology is structured in different learning phases:

- Introduction to physical and spatial language: Exercises to recognize the body and its possibilities in relation to the space and others. Body and space dramaturgy.
- Work based on prompts:
  - Simple and progressive prompts to encourage free improvisation.
  - Exploration of group and individual dynamics to stimulate the creation of scenes and characters based on material or themes from each participant.
- Stage composition: Development of individual or collective acts through the construction of sequences of action, rhythm, and space that create a coherent narrative.
- Review and sharing: Presentation and analysis of the works with collective feedback to enrich the creative process as a group.

The training promotes an inclusive process, with collaborative work that respects each participant's pace and level.

## OBJECTIVE

- Stimulate creativity through the use of the body as the main expressive tool.
- Foster improvisation skills and stage adaptation.
- Strengthen active listening and teamwork in the collective construction of stage narratives.
- Explore rhythm, visual dramaturgy, and the use of space as essential elements of stage creation.

This training aims to create a space where performers can investigate, experiment, and discover new creative possibilities, consolidating an authentic and personal stage language that enhances their technical work.

